**WB 27.4.20**

**Food and drink in the medieval times**

Learning objective: to understand how food and drink in medieval England was totally different from the food and drink we enjoy today. To consider how wealth and the seasons could have a huge impact on a medieval person’s diet and health.

Resources: powerpoint 1, page 1.

1. Look at Powerpoint 1. Which foods and drinks would have been available in medieval times?

Answers attached. Do any of these answers surprise you?

1. Read through page one. Make a list of any words you do not understand the meaning of and look them up using a dictionary (use an online one if necessary) and record their meanings.
2. A useful summarising video can be found here: <https://www.youtube.com/watch?v=WeVcey0Ng-w>
3. Answer the questions on the right hand side. Question one should be copied out and missing words underlined. Question 2a should be copied. 2b requires you to draw your own diagram underneath your drawing for 2a so you can compare. Question 2c should be answered in a full sentence e.g. *The noble’s meals are different from my own because…*

**Lesson 2**

Resources: task sheet

Using only the food and drink that was available at the time, you are to create a menu for your own medieval themed restaurant or café. This can be drawn by hand or on a PC. Success criteria is on the task sheet.