

# Standon Bowers



**Monday 30<sup>th</sup> June –  
Wednesday 2<sup>nd</sup> July**

Parents, you will be happy  
to know that they learn  
lots of new skills  
including....

...bed making!!

# A TYPICAL DAILY ROUTINE:

0730	Rise and Wash!!
0800	Breakfast
0830	Duties
0915	Morning Inspection
0930-1230	Morning Session
1230-1345	Lunch
1345-1645	Afternoon Session
1700	Evening Meal
1800	Duties
1830-2100	Evening Session and Tuck Shop
2100	Supper

...and somewhere in the day there may be some....FREE TIME!!

The  
paperwork!!

There are 2 forms to be completed before we go, these will be sent out closer to the trip:

1. Medical form to be completed no more than 14 days prior to the visit.
2. Swimming ability slip - this needs a signature and a tick (or not)

# **Who will be going?**

Accompanying the students will be 5 members of Woodhouse Academy staff who will stay at the centre for the duration of the visit.

# **Sleeping arrangements:**

Pupils will be sleeping in single sex dorms.

Ms Whitehurst will be choosing dorms according to which dorms Standon Bowers allocate to us.

# Spending money:

A maximum of £20 can be taken, but it is to be kept in a wallet or purse and will be the responsibility of the young person.



# Suitcases/bags:

Your child will definitely need one that they can carry and repack independently. One with a lockable compartment to store any valuables would be a good idea.

## PERSONAL EQUIPMENT TO BE BROUGHT BY PUPILS

**Dormitories** 1 single duvet cover, 1 pillowcase

### Everyone needs to bring:

Underwear

Socks

T-shirts

Trousers/Tracksuit

Warm jumpers/fleeces

Indoor shoes

Outdoor shoes, trainers or walking boots x 2 pairs

Coat that is waterproof

Wellingtons

Nightwear

Towel/s Swim wear

Toiletries (soap, toothbrush, toothpaste, flannel)

Unbreakable mug and water bottle

Torch

Pocket money (in change please)

Plastic bags for dirty/wet clothing

Pens and pencils

### Extra during Winter/Autumn/Spring

Additional warm clothing

Woollen hat, gloves, scarf

Lip salve if needed

### Useful Additions

For canoeing old trainers/pumps

In hot weather: shorts, sun-hat, sun-glasses, sun-cream (high factor)

**# Please pack plenty of plastic bags for any really dirty child/clothing we may encounter during the week.**

The above list covers your requirements for a 5 day course at the Centre. Parents should not feel obliged to purchase new clothing for the course. A child's normal clothes and indeed oldest clothes will generally be adequate for all the activities we undertake. All specialist equipment, including waterproofs and rucksacks will be provided by the Centre.

# IMPORTANT INFORMATION

Standon Bowers is a **MOBILE FREE ZONE**

Please do not bring mobile phones or any other valuables such as iPods, games devices etc.

School staff will arrange contact with home if necessary.

Sweets, drinks, and snacks should only be brought after consultation with your visit leaders.

Food and drink is not allowed in the dormitories.

**No** products containing nuts in any event please.

## **On Monday 30th June**

Students meet in the hall with their bags at the normal school time.

**NO parents in the hall, please.**

Coach will pick up from school @ 9:30am

## **On Wednesday 2<sup>nd</sup> July**

Coach will drop students (and their dirty washing) at school for the normal end of day time.

**A reminder will go out to parents confirming these details closer to the date!**

# Finally...

A leaflet is available for you with the information discussed tonight, along with some FAQ.

If you need to discuss anything further, please contact the school office and Ms Whitehurst will be in touch to try and help you with your queries.